Cast Grinstead & District Lions Club Swimathon 7th March 2020







East Grinstead & District Lions Club have organised an Annual Sponsored Swimathon for over 20 years and in that time tens of thousands of pounds have been raised for local organizations and for Lions Charities. This year's event will take place at the **Kings Centre** in East Grinstead on Saturday 7th March 2020 between 6.30 & 9.30 pm.

Entering the event is very straightforward. A team needs only 6 swimmers to participate, and they are only required to swim for a maximum of 25 minutes. It is a case of teamwork, and not a race or an endurance test, and the swimmers can be of any standard. A shield will be awarded to the team with the highest number of laps or for the team that raises the most money.

You can of course approach friends or relatives to swim on your behalf if you are unable to find participants within your club, organisation or school.

The event is a great opportunity to raise funds for your club or even a chosen charity without the stress of organizing an event yourself - all you need to do is to get six swimmers and raise as much sponsorship as you can.

Funds raised will be split 75% for your own approved club fund or chosen charity and 25% for local Lions charities.

The swimathon always proves to be a popular event, and spaces are limited. If you are interested in taking part, please complete the enclosed entry form and return it as soon as possible, but no later than 28th February 2020, to Mike Barty, 11 Barton Crescent, East Grinstead, West Sussex RH19 4NR. We do try and keep the first hour of the event available for teams with younger swimmers.

If you have any questions or would like further information, please contact Mike Barty on 01342 312168 or by email at eganddlions@gmail.com.

This event is supported by East Grinstead McDonald's, locally owned and operated.

