

# Sight Loss Awareness Training

Sight Loss Awareness Training is an excellent way to support people living with sight loss - our training will provide you with the confidence and insight you need.

4Sight Vision Support offers training sessions to individuals, employers and organisations, enabling them to have a clearer understanding of the needs of people living with sight loss. The training will help raise awareness of the difficulties encountered by visually impaired people, and help you to identify the most appropriate support.

Training is delivered by our professional, qualified team, all of whom have experience and knowledge of eye conditions and sight loss. Sessions can be run at your premises or at one of our Vision Support centres in West Sussex: Bognor Regis, Shoreham-by-Sea or Midhurst.

Having a culturally and socially diverse team with a range of different skills and backgrounds will give you an edge in today's competitive marketplace.

Want to find out how to support a visually impaired person in your workforce, and be well trained to support customers? If Yes, then this course is for you.

**4Sight**   
vision support  
01243 828 555

## What will be covered in the training session?

### - Introduction to 4Sight Vision Support

(Mission, Vision, Values and Services)

### - What is Sight Loss?

### - Main Causes of Sight Loss

### - Simulation Spectacle Demonstration

(Specialist spectacles (Sim Spec) are provided to simulate some different sight loss conditions)

### - Sim Spec Activity Challenge

(Day to day activities carried out whilst wearing Sim Specs)

### - Living with Sight Loss

(The impact of sight loss and a 'Day in the Life' of a person living with sight loss)

### - The Patient Journey

(Diagnosis, Registration, Early Support (SCA Service), Rehabilitation Officer for the Visually Impaired, Emotional Support and Ongoing Support)

### - Communication

(Ways to communicate effectively, Assistive Technology, Communication Formats)

### - Environment

(Signage, Lighting, Contrast, Accessibility)

### - Guiding Techniques

(Demonstration of how to guide a person with sight loss, with a practical exercise.)

### - Specialist Equipment Demonstration

(Daily living aids including: talking clocks, lighting, mobility aids and magnification)

## Training Costs & Information

This training package will be facilitated by two trained members of the 4Sight Vision Support Team, and can take place in your venue or one of our centres in West Sussex. Shorter sessions will be made up of a mix & match of the 11 topics shown overleaf.

Maximum participants - **20 people**

**1hour Basic Presentation: £190.00**

**2hour Presentation: £350.00**

**Half day Training (4hours): £450.00**

**Consultancy: £200 per hour**

An assessment visit of lighting, signage, contrast and accessibility of your work/business environment.

**To discuss your requirements and to enable us to offer you a quote, Please: Call us on 01243 828 555 or Email us at [enquiries@4sight.org.uk](mailto:enquiries@4sight.org.uk)**

Please note: We offer a 10% discount to charities and not-for-profit organisations. VAT charged where applicable. Travel expenses will be charged at 45p per mile.

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[www.4sight.org.uk](http://www.4sight.org.uk)

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